

Team Building

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Overview

Teams are created to achieve specific goals and it is essential that the normal team stages are experienced in a constructive and secure manner. The Experiential Team Building Workshop consists of a number of physical activities to develop team understanding and confidence. The expectation at the end of the Workshop is that a culture of awareness and trust will be developed that will enable teams to move forwards in a more positive manner.

Purpose

The programme aims to develop personal bonds with colleagues, build a trusting and sharing relationship between members and identify the future development needs of individuals. Participants of the course will:

1. build a reliance of colleagues
2. inspire confidence in others
3. recognise own abilities and limits
4. generate a supportive working environment
5. provide and repay trust
6. Be more aware of the feelings of others

Content

The following workshop will consist of physical activities that may occur indoors, or outdoors. It will present a number of challenging situations to build confidence in, and reliance on, others to achieve a shared and common goal. An overnight stay is essential for this results driven workshop.

- ▶ Individual physical activities
- ▶ Team physical activities
- ▶ Plenary sessions
- ▶ Ideas workshop
- ▶ Action Planning

Target Audience

The target audience has been identified as any member of Injazat's staff with supervisory responsibilities to manage other employees:

1. Managers;
2. Team Leaders;
3. Supervisors; and
4. High potential UAE Nationals.

Highlights

This activities based workshop is held off-site in either an outdoor facility or indoors, depending upon the time of year.

A challenging range of physical and mental activities will encourage individuals to experience their own limits, in a safe environment, whilst building strong relationships with colleagues.

Registration

Ti² will handle all registration for this programme and will work with the capability leads to register staff for each course within the programme and all pre & post course work.

For more information contact:

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